

UW TRI TIMES January 2007

Collegiate Nationals Update

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The UW Triathlon Team will be well represented at Collegiate Nationals this year, as 30 team members have already signed up for the race. The large turnout for UW Tri this year is a dramatic increase from last year's race in Reno Nevada.

The 2007 race is an Olympic distance triathlon (1.5k swim 40k Bike 10k Run) that will be held in Tuscaloosa, AL on April 21st.

If you haven't signed up yet and would like to please email Bill Martin wdmartin@wisc.edu as soon as possible. The sign up deadline is

already past so we cannot guarantee spots to people who haven't sign up yet, but there is still a limited number of spots available.

If you have already told Bill you are going and have yet to sign up for the race itself please do so ASAP.

The team will be chartering a bus to the race and the travel and hotel costs will be heavily discounted (to only \$10) for team members who have participated in volunteer and fundraising events throughout the year.

See page 3 for info on other races!

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Volunteering AND Fundraising: 3 is the Magic Number!

Race season may be months away for most members, but your last chances to complete the volunteering fundraising requirements for discounted racing are fast approaching. Members need to complete 3 volunteer events AND 3 fundraising events before the end of the year to qualify for discounted racing this summer.

This year there is also an added incentive to complete the requirements: travel and lodging for Collegiate Nationals will cost only 10 dollars for members who have all there fundraisers and volunteer events completed.

If you are still several events away from the 3 and 3 necessary to qualify please check the calendar on the last page and plan to attend the events in February. Most of the events scheduled for this year have already taken place, and there are no guarantees as to the number (if any) of other opportunities remaining this year.

Contact Jenna Acker to sign up for events jcacker@wisc.edu

Workouts for the Spring Semester have already begun!

The new workout schedule is online at

www.uwtriathlon.com/schedules.htm

The Social Page

It's that Time of the Year: Formal is Almost Here!

The 2007 Winter Formal will take place on January 27th. Unfortunately, due to limited seating at the restaurant, the dinner filled up fast, and no more reservations are being taken for the dinner.

For everyone who RSVPed in December, we will be meeting at 252 Langdon Street at 5 p.m. The bus will leave promptly at 5:30 so don't be late!

Miss the Formal Sign Up? Don't Miss the After Party!

If you missed the sign up, don't despair! You can still dress up fancy to attend the after party, with or without your date, and no RSVP is necessary.

The party starts at 9 p.m. and will also be held at 252 Langdon St. There is a \$5 cover charge for the after party.

WANTED: Cars for Spring Break

If you are planning on going to Austin, TX for Spring break please try to find a vehicle you can drive there. The success of the trip depends on team members volunteering personal vehicles, as we are not allowed to rent University Fleet vehicles over spring break. You will be reimbursed for all the gas and the team will also pay to have your oil changed. Please contact Bill Martin if you can provide a ride <wdmartin@wisc.edu>

Coming Up: Boulder's Climbing II

The Tri team counts quite a few avid rock climbers among it's members; apparently rock climbing satisfies the same intensity craving as triathlons. Whatever the reason it's obvious that the first Boulder's Climbing Gym Social was very well received, so we're going to do it again! The second trip to will occur later in Feb. (Date TBA) Come give rock climbing a try and meet some other team members!

Ice Skating Recap

For those of you who missed it, the Ice Skating Social was a great time! We had about a dozen team members show up to skate, and a sometimes rowdy game of tag ensued.

The official loser was Zeb Breuckman, as he was the last person to be tagged while on the ice meaning he will remain "IT" until at least next December,

when Scott Speer better be watching his back.

Speaking of Scott (pictured at right), UW Tri would like to officially thank him for hosting the after party where we all got to enjoy hot chocolate, cookies, ice cream, and the movie "Rounders" (which was really good).

THANKS SCOTT!!!



Try a Team Sponsored Tri!

Race season is fast approaching, and now is the time to plan your racing schedule. Many races sell out long before race day, so you will have to plan ahead just to get a spot at the starting line. Even if you don't plan on registering for the most popular races out there now is the time to put your events and goals on a calendar so you can start to earn a spot at the finish line.

Our Race Coordinator Bill Martin has put together a great race schedule for this year. The races on the schedule are favorites from years past and/or are sponsored by the team in some way. For some of these races a team deposit is due. The deposit is used to cover travel and lodging. Team members still have to register for the race and pay their own entry fee individually. (The Spirit of Racine is an exception) We try to keep the trips affordable; team provides lodging at a team member's house when possible otherwise we stay in a hotel. Transportation is usually a car pool or rental cars, although this year we will be riding in luxury to Collegiate Nationals in a coach bus. For some nearby races there is no team deposit. For those races team only provides encouragement, information about the race logistical support (encouraging members to carpool ect.)

Be sure to read through the list of team sponsored races carefully to see what is covered for each race, and consider racing with the team this summer. Racing with the team is a great way to meet people and if you forget a bike pump or need some advice there are people to ask. However, if you forget your shoes you might still be out of luck!

There are tons of triathlons to choose from especially if you don't mind a a little bit of travel, so be sure to your eyes open. If you find another race you plan on doing be sure to use the message board to find someone to stay with or race with.

2007 UW TRIATHLON TEAM RACES

See the Race Schedule at www.uwtriathlon.com/schedules.htm for more details (including prices)

Collegiate Nationals (Alabama)- Sat 4/21 Olympic Distance 1.5k/40k/10k Leave early on 4/19, return late on 4/22. Team provides Coach Bus/Separate Bike Transportation/Hotel

J-Hawk Earlybird(Whitewater, WI)- Sun 4/29 Sprint Distance- No deposit, members provide own transportation- ~30 min away

Memphis in May- Sun 5/20 Olympic Distance- Leave 5/18, return 5/20- (On Graduation Weekend) Team provides University Fleet Vehicles/Hotel

Verona Tri Sun 6/17- Sprint and Olympic Distance No deposit, members provide own transportation ~15 min drive

Ohio State (Columbus, OH)- Sun 6/24 Sprint, Olympic and Duathlon Leave 6/22, return 6/24 Team provides University Fleet Vehicles/Lodging

Grand Haven(Michigan)- Sun 7/8- Sprint, Olympic, Half and Duathlon Team provides lodging and gas

Evergreen Lake(Illinois)- Sat 7/21 Olympic Distance Leave 7/20, return 7/21 Team will provide lodging and gas money

Spirit of Racine(Wisconsin)- Sun 7/22 Half Ironman No team deposit, members provide own transportation ~90 min. drive

Midwest Regionals(Indianapolis)- Sun, 8/26 Olympic Distance Team provides lodging and gas money

Ironman Wisconsin- 9/9 Team provides moral support. athletes swim 2.4 mi/ bike 112 mi / run 26.2 mi

Iowa Tri-Hawks- 9/16 Sprint Distance Team provides lodging/transportation

Purdue Boilerman- 9/23 Olympic Distance Team provides lodging/transportation

MWCTC Conference Championships- Date TBA

Upcoming Events

January 22— Spring Workouts Begin!

January 27— Triathlon Team Winter Formal & After Party

January 28— Help Cleanup after Formal

January 29— Student Org Fair Memorial Union 5-8 p.m.

January 31— Spring Kickoff Meeting (Spring Break Info session for those signed up immediately after the meeting) 7 P.M. TITU

February 7th— East Community Center Volunteer Event

February 17— Madison Polar Plunge Volunteer Opportunity

February 24— Boston Store Community Days Fundraiser Noon-2 OR 2-4 p.m.

Mid February — Registration for the Horribly Hilly Hundreds bike ride, which is on June 16th this year. Check www.horriblyhilly.com/home.html For the date. (It fills up FAST)

February TBA — Boulder's Rock Climbing Social #2

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 <i>Post Formal Cleanup!</i>	29 <i>Student Org Fair</i>	30	31 <i>Spring Kickoff Meeting & Spring Break Info Session</i>	1	2	3
4	5	6	7 <i>ECC Volunteer Event</i>	8	9	10
11	12	13	14	15	16	17 <i>Madison Polar Plunge Volunteer Opportunity</i>
18	19	20	21	22	23	24 <i>Boston Store Community Days Fundraiser</i>
25	26	27	28			

A New Semester is upon us and the snow has finally fallen, but don't despair! Spring Break is only 58 days away from Feb 1st

Texas, here we come!!!
The team will be in Austin from March 31st to April 7th!

Thanks for Reading the Newsletter! Don't forget to check the Message Board frequently for up-to-date info! <http://www.uwtriathlon.com/MessageBoard/index.php>

Add it to your Favorites!

Corrections, Submissions, and Suggestions are all welcome! Send them to:

Zeb Breuckman <breuckman@wisc.edu>